

**POSITION STATEMENT AND RESEARCH BRIEF**  
**Digital Resources in**  
**Early Childhood Literacy**  
**Development**

The International Literacy Association maintains that rich, digital resources have a place in early childhood literacy development. Careful, intentional, and developmentally appropriate use of digital texts and tools can build young children's language and literacy skills while providing young children with opportunities to deepen their understanding about the forms and functions of digital text in meaning making.

*Digital technologies are pervasive in homes, schools, and communities, yet beliefs about and recommendations for how they are used in early childhood vary widely.*

The everyday lives of children growing up in Western English-speaking countries are shaped by the ubiquitous presence of digital and interactive multimedia, often presented via technologies such as tablets and smartphones (i.e., touchscreens). Digital technologies are pervasive in homes, schools, and communities, yet beliefs about and recommendations for how they are used in early childhood vary widely. The prominence of so many differing views about digital technologies in early childhood can lead to great confusion for families, educators, and policymakers.

Current policy statements from a variety of sources vary widely in terms of the following:

- How they define technologies
- Whether they include research studies informing their conclusions
- Whether they are connected to the digital industry

For example, some argue that digital technologies should have a very limited role in early childhood contexts, as the use of digital technologies will come to supplant, rather than supplement, key learning opportunities such as hands-on experiences or social interaction (e.g., Campaign for a Commercial-Free Childhood, Alliance for Childhood, & Teachers Resisting Unhealthy Children's Entertainment, 2012; Cordes & Miller, 2000; Miller, 2005).

Given the prominence of digital technology, others emphasize promoting healthy screen time habits and use. In 2011, for example, the American Academy of Pediatrics (AAP) advised that children under 2 years of age avoid media use. However, in 2016, the AAP revised its guidelines to account for the abundance of new digital media. The AAP now emphasizes the importance of selecting digital media that are developmentally

appropriate, with high-quality content. The AAP also emphasizes social interaction as an essential component of children’s screen time, a goal that is accomplished by having adults play or view along with children.

Still other policy statements convey similar recommendations but go a step further, arguing that when judiciously selected and strategically used, digital technologies enhance children’s opportunities for learning (e.g., Early Childhood Australia, 2018; Lerner & Barr, 2014; National Association for the Education of Young Children & the Fred Rogers Center, 2012, Scottish Government, 2013; U.S. Department of Education & U.S. Department of Health and Human Services, 2016).

Common threads across these policy statements include the following:

- Selection of high-quality digital media conveying content that supports curricular and learning goals and includes minimal distractors (e.g., ads, links that take users away from a site)
- Integration of digital technologies in ways that complement and enhance learning with other essential materials and activities
- Use of technology that supports development of creativity, exploration, collaboration, problem solving, and knowledge development
- Use of technology to strengthen home–school connections
- Access to assistive technologies to support equitable opportunities for learning

These statements consistently express concern over the quality of content and the lack of any regulation of commercial advertising in children’s media. Because of such concerns, seeking out digital media that do not exploit children’s development or personal information data is imperative. Several efforts have been made to address the quality and ethical delivery of such tools to young audiences, for example, the *Designing for Children’s Rights* (Designing for Children’s Rights Association, 2018) is a resource for interactive digital media designers. Other tools to help families and educators determine quality are available from KIDMAP (Haines, 2017) and the National Association for the Education of Young Children’s “Selecting Apps to Support Children’s Learning” resource.

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In addition, families and educators need to be vigilant about children's overall time spent with screens in the absence of social interaction, or with low-quality content. Abundant warning about the potential harms digital media can cause will not by itself remediate the situation (Paciga & Donohue, 2017).

## Integrating Digital Resources in Early Learning Contexts

Growing evidence suggests that despite reported concern about the impact of technology on attention and socialization, meaningful use of high-quality digital resources is essential in preparing *all* young children for long-term academic success. For example, meaningful use of digital resources yielded significantly greater benefit to important literacy outcomes for young children than use of traditional resources only (Cviko, McKenney, & Voogt, 2012, 2013) and diminished substantially the language and literacy differences between children from high- and low-poverty backgrounds (Neuman, Newman, & Dwyer, 2010).

Verbal interactions between adults and children mediated by digital tools (e.g., Skype) also can result in new language learning (Roseberry, Hirsh-Pasek, & Golinkoff, 2014), and there are examples of significant differences in short-term foundational skills learning (e.g., D'Agostino, Rodgers, Harmey, & Brownfield, 2016; Savage et al., 2013; Shamir, Korat, & Fellah, 2012) and targeted vocabulary learning (e.g., Smeets & Bus, 2012, 2014) that is facilitated through specific digital resources. Some studies have demonstrated that these effects may be long lasting, as they are associated with academic achievement 10 years beyond early childhood (e.g., Kirkorian, Wartella, & Anderson, 2008).

One important advantage of digital resources that is less prominent in traditional nondigital resources is their multimodal capacity (i.e., content conveyed through more than one mode such as animation, images, print, sound). According to the multimodal perspective, children make meaning using multiple modes (texts, pictures, words, gestures, movements, or production of artifacts), and all these modes complement one another as children seek to interpret their world and convey their understanding.

This view is often not shared by current educational curricula, which privileges written and oral modes of expression and

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meaning making. Multimedia digital technologies, with their rich array of possibilities for expression, disrupt such a paradigm. Studies show that when given the opportunity, children make conscious decisions about the ways in which they express different meanings, and that these choices reflect their identities in the classroom, family background, and cultural heritage (Kucirkova, 2017).

Research has also documented the rich pathways children take when engaging with digital technologies in classrooms (e.g., Wohlwend, 2010, 2013, 2015), and together with dozens of studies in U.K. preschools (e.g. Marsh, Plowman, Yamada-Rice, Bishop, & Scott, 2016), alerts us to the restrictive, adult-dominated view of literacy.

The meaning of reading and writing in the digital age has changed, and there is an urgent need to link play and literacy to the multimodal opportunities offered by new digital media. Greater alignment between children's use of digital technologies in and out of schools is essential for supporting not only children's literacy and communication skills but also peer relationships.

Jenkins (2003) made a similar point in relation to video games: Their wide availability and low cost supplemented lack of playgrounds in urban spaces. Suddenly, everyone could play and participate in a game where one's friends were. So that children are prepared for the highly digitized world they enter, they need to start building an understanding of its benefits and limitations from young age.

## Guidelines for Practitioners

Researchers across disciplines agree that for evaluating screen time, we need to consider the content, the context, the individual child, and the connections among them (Guernsey, 2012; Kucirkova, 2015). High-quality resources can be joined with traditional resources in homes and schools; for example, an e-book that contains a prerecorded reading of a story can complement reading print books. There needs to be a judicious balance between digital and nondigital resources and content consumption and content creation.

With access to their friends and a wide variety of content, children can acquire new knowledge and skills, but they can also share their knowledge and creativity near and far. To this end, we offer four guidelines for making decisions about

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how best to integrate digital technologies into early childhood contexts:

1. Review and select high-quality digital resources that do the following:
  - a. Align with curricular and learning goals
  - b. Afford opportunities not otherwise provided by traditional resources
  - c. Convey accurate content
  - d. Contain few, if any, features that distract from the content
  - e. Contain no ads or commercialized or politicized messages
  - f. Support creativity, imagination, and collaboration
2. Provide meaningful opportunities for learning with and through digital resources:
  - a. Move past technology-as-reward and technology-as-isolated-drill-and-practice frameworks for integrating digital resources, as these practices contribute to the digital use gap that has been documented in the research
  - b. View and play with children as they engage with digital resources—be present with children
  - c. Mediate children’s understanding of content, problem solving, reasoning (e.g., ask questions about content; encourage children to reason, ask questions, and make inferences)
  - d. Encourage children to collaborate as they engage with media (e.g., work with a partner, relative, or friend abroad)
  - e. Help children connect what they learn with and through technology to other learning contexts and activities
3. Blend use of digital and nondigital resources:
  - a. Retain printed books, pencils and paper, and even old technologies like overhead projectors in early education contexts
  - b. Examine *why* you want to select a digital versus nondigital resource—adding a digital tool should not simply replace ongoing literacy practices with those conducted

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on screen; transform the task or the end product children create when selecting interactive digital media and technologies as an additional tool

4. Build home–school connections:

- a. Connect with families and caregivers to keep them informed about children’s learning; there are many tools that are useful to help with communication
- b. Act as media mentors for caregivers who may not be aware of quality interactive media resources, or the rationale for using such tools for learning
- c. Invite families to share information about their communities and home with others in the classroom through the screen

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***Act as media mentors for caregivers.***

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#### About the International Literacy Association

The International Literacy Association (ILA) is a global advocacy and membership organization dedicated to advancing literacy for all through its network of more than 300,000 literacy educators, researchers, and experts across 146 countries. With over 60 years of experience, ILA has set the standard for how literacy is defined, taught, and evaluated. ILA's *Standards for the Preparation of Literacy Professionals 2017* provides an evidence-based benchmark for the development and evaluation of literacy professional preparation programs. ILA collaborates with partners across the world to develop, gather, and disseminate high-quality resources, best practices, and cutting-edge research to empower educators, inspire students, and inform policymakers. ILA publishes *The Reading Teacher*, *Journal of Adolescent & Adult Literacy*, and *Reading Research Quarterly*, which are peer reviewed and edited by leaders in the field. For more information, visit [literacyworldwide.org](https://literacyworldwide.org).



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